

## Against Sexual Abuse

We address sexual violence and abuse in several ways. On this page, you can read about how we at St Marylebone's address issues of sexual violence, how students can seek help and what students can do if they want to support this important cause. This applies to students of all races, cultures, faiths, genders and socio-economic backgrounds.

### Sexual violence and abuse are not acceptable.

We at St Marylebone recognise that we play a role in supporting young people in addressing, overcoming, and preventing sexual violence and abuse. St Marylebone School students and staff know that we need to stand up, listen and collaborate on ways to make things better. We have a culture that encourages open discussion, in which students know they can come forward and seek help, and speak up to support others, in ways that support and protect the individuals involved. At St Marylebone, we want everyone to feel safe, valued and heard. This applies to students of all races, cultures, faiths, genders and socio-economic backgrounds.

### If you or someone you know is affected by sexual violence or abuse, you can seek help:

- Speak to your Tutor, Head of Year, one of the mentors or any adult in school.
- Report the incident to the police.
- Contact [Rapecrisis.org.uk](https://www.rapecrisis.org.uk) online or via the Rape Crisis helpline **0808 802 9999**
- Contact [Southall Black Sisters](https://www.southallblack Sisters.org.uk) online or via their helpline: **0208 571 9595**
- Contact [Stonewall](https://www.stonewall.org.uk) which is especially skilled in supporting the LGBT community: **0800 0502020**
- Contact the domestic abuse helpline run by [refuge.org.uk](https://www.refuge.org.uk): **0808 2000 247**
- For male victims of sexual abuse or domestic violence, contact [Mankind.org.uk](https://www.mankind.org.uk) online or via the helpline **01823 334244**
- If a friend shares something concerning, do not comment or gossip online about it. Speak with that person about seeking help.
- Everyone deserves to feel heard and safe.

### If you want to learn more, support this cause and make things better, you could:

- Support organisations like [Solace Women's Aid](https://www.solace.org.uk) and [Ashiana Network](https://www.ashiana.org.uk).
- Encourage open, non-judgemental discussion in your peer groups to help each other have the language and confidence to speak up.
- Learn about how to help women feel safer by reading the [Good Guys Guide](https://www.goodguysguide.com).
- Be a [Positive Bystander](https://www.positivebystander.org): stand up and take appropriate action when it matters.
- Support [White Ribbon UK](https://www.whiteribbonuk.org) which works with men and boys to help end domestic and sexual violence.
- Listen and participate in debates and related topics in your lessons.
- Support the work of the [Everyman Project](https://www.everymanproject.org), which works with perpetrators of and victims of domestic and sexual abuse.
- Listen and participate in debates and related topics in your lessons.

## There are many ways in which St Marylebone School addresses these important issues:

- We listen. We create appropriate forums in which students can discuss these issues.
- We have trained and experienced staff who have supported many individuals dealing with these issues.
- All staff do Safeguarding and Child Protection training, every year. Our pastoral staff do specialist training in dealing with sexual violence.
- We follow all the advice and protocols set out in [Keeping Children Safe In Education](#).
- We promote a vigilant and supportive culture, in which self-esteem, respect and being a [positive bystander](#) are championed.
- We work with the organisations listed above and we signpost students to the support they offer.
- We do Sex and Relationships Education (SRE), from Year 7 through Year 13. This is inclusive of but not limited to consent, harassment, sex and media, healthy relationships. All SRE sessions include how to get help and signpost external organisations. You can read the overview of our PSHE provision [here](#).
- We have sexual violence and domestic abuse assemblies and workshops led by specialists LAWRS (Latin American Women's Rights Service).
- We recruit Student Healthy Relationships Ambassadors - more to come!
- We engage Student Voice in planning PSHE, including Sex and Relationships Education.
- We are a [Westminster Champion School for Healthy Relationships](#).
- We provide support for individuals through the Pastoral Team, including our mentors, counsellor, Chaplain, the School Nursing Team, our trainee social workers, the Trailblazers Mental Health Practitioners and 6th Form Mental Health Ambassadors.
- Where appropriate, external agencies are involved, such as the police.
- We work with the Met Police's Safer Schools Officers proactively and in response to incidents.
- Our weekly current-affairs publication NewsTues and our student podcast channel SMSpeaks gives a platform for students to express and explore the issue.
- Our curriculum also addresses sexual violence and abuse issues, in Religion, Ethics and Philosophy, English Literature, Psychology, Sociology, History.
- We are never complacent and we always seek to improve our provision for young people.